

## **2018 Liberty High School Track & Field Program**

- Intramurals Pre-Season [Monday 1/22/18- Thursday 2/22/18] Monday-Thursday 1:30pm-3:30pm on the Patriot track for all non throwers. Bring water and running shoes daily!
- Friday 2/23/18 Buffalo Wild Wings season kick off community, parents, athlete fundraiser. At this event the community, parents, and athletes can converse with each other, gather team information, and meet 2018's Patriot coaching staff.
- Monday 2/26/18 the official track and field season starts. Mandatory Practices (non- throwers) will be Monday- Friday 2:00pm-4:00pm.
- All informational packets regarding the programs expectations, coaching staff, and it's activates located in [Portable-4](#).
- Come on out have fun this season any questions see the Walkers in the athletic department. Monday-Friday or by email at [Geoff Walker [walkergw@nv.ccsd.net](mailto:walkergw@nv.ccsd.net) or Shelby Walker [allresk@nv.ccsd.net](mailto:allresk@nv.ccsd.net) ].

**“Be the athlete you aspire to be”**

